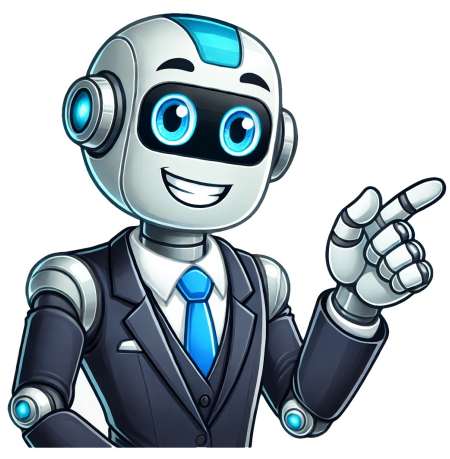


Continue



Professional black belt academy

Don't Let Your Child Waste Away - Unleash Their Potential at Our Summer Camps We offer classes for children aged 4-45 who can train together as a family. The academy's staff and instructors make it possible for families to share common interests that are incredibly fulfilling. The Academy has helped many students improve their grades by teaching them concentration skills. One student, Punit B., went from being a tiny tiger to becoming a third-degree black belt after training with Master Karpiuk. He is now excited to test for his third-degree promotion and credits the academy for improving his academic performance, earning him straight-A grades. Chief Master Scott Karpiuk founded the Academy with a passion for helping community members stay safe while teaching martial arts techniques that save lives. The students receive excellent instruction in Surrey, BC, and Newton, BC, from experienced instructors like Chief Instructor Jared Grice-Hudson, who is a five-time National Champion and International Gold Medalist. The academy offers classes for adults, focusing on professional instruction that helps people achieve success one step at a time. They also provide an after-school leadership program that keeps kids active and learning throughout the day with homework time and martial arts lessons. For kids and fun for parents, Our Summer Camps are providing students across Prosper with active experiences every day. We offer a safe, supportive environment where every child can thrive. Give your child an unforgettable birthday celebration at Professional Black Belt Academy! We'll take care of everything from games to setup and cleanup. Book today! We have nationally-certified instructors who lead a supportive community in our Mixed Martial Arts classes. Our goal is to teach Taekwondo, American Karate, JiuJitsu, and Kickboxing while boosting confidence. Join Professional Black Belt Academy in Prosper and unlock the power of Adult Martial Arts! Our comprehensive program will transform your life with: Sustainable workout routines for weight loss and muscle gain Personalized guidance from experienced instructors Self-defense skills to protect yourself and loved ones A supportive community to motivate and uplift you Our classes aren't just about fitness – they're about building confidence, reducing stress, and living a healthier lifestyle. As part of our community, you'll enjoy: Reduced stress in daily life Increased energy levels Improved overall well-being We cater to individuals of all ages, backgrounds, and abilities, offering the highest quality and most inclusive martial arts program in Prosper. Don't hesitate to reach out if you have concerns – our caring instructors are here to help. Sign up today and start your journey towards a more empowered you! Prosper Martial Arts combines techniques from Taekwondo, American Karate, JiuJitsu, and Kickboxing to create an action-packed experience. To get started, simply fill out the short form on your screen and see if Prosper Martial Arts is the right fit for you! With nationally-certified instructors, a supportive community, and a safe training environment, kids and adults can learn Mixed Martial Arts together while staying physically fit, developing self-discipline, and having fun. At Professional Black Belt Academy, our goal is to teach you or your child the intricacies of Martial Arts while boosting confidence and instilling a sense of purpose. Our instructors are dedicated to helping you grow both on and off the mats, ensuring you become the best version of yourself. In addition to Martial Arts training in Princeton, we offer workshops focused on Change Management techniques, including Change Management for improvement projects using a user-friendly roadmap and toolkit, as well as tools for change acceptance and mentoring Green Belts. Our workshop schedule covers various topics, such as PDCA cycle, Kaizen thinking, roadmaps, and accelerating projects. The workshop series includes: - Day 1: Change Management techniques, including employee engagement and empowerment - Day 2: Plan Do Check Act, Kaizen, and Workshop Facilitation - PDCA cycle, Kaizen thinking, roadmaps, and accelerating projects - Day 3: DMAIC analytical tools Part 1 - Process metrics, Measurement System Analysis for attribute and variable data, Process capability, and control charts - Day 4: DMAIC analytical tools Part 2 - Correlation and Regression, Hypothesis testing, Quantitative analysis - means, variances, and proportions, Design of Experiments - Day 5: Lean in the workshop - Lean roadmaps, what good looks like, Lean workshop examples, Lean tools - Value Stream mapping, Process mapping, Visual Management, 5S, Standard work, Flow and layout, Pull systems, Ergonomics and safety, Set up reduction, Mistake proofing, Total productive maintenance, Inventory management - Day 6: Lean in the office - Offices, what good looks like, Planning and implementing lean in the office using Stabilise, Standardise and Visualise roadmap, Lean in the Office tools including Flow systems, value stream mapping, process mapping, office layout, pull systems, visual controls, office 7 wastes, 5S work are organisation, standard work, mistake proofing and balancing schedules - Day 7 and 8: Design for Six Sigma - new concepts - The process improvement roadmaps (PDCA and DMAIC) focus on fixing existing 'broken' processes. Day 7 and 8 will design new concepts for service and product applications using the Design for Six Sigma roadmap Define, Measure, Analyse, Design and Verify (DMADV). The innovative Black Belt course provides in-depth knowledge on Design for Six Sigma, covering topics such as House of Quality, design concepts, and process specifications. Using case studies and project examples, candidates learn how to apply Lean and Six Sigma principles to drive continuous improvement. The course includes a short exam each day, allowing students to study and receive instant feedback. Upon completion, candidates gain the skills to assess project value, lead continuous improvement projects, mentor other practitioners, and manage change. They also develop practical knowledge on statistical software and its applications, enabling them to analyze data and improve performance. Certification Path for Black Belt To become a certified Black Belt, one must first complete Green Belt training and then proceed to Black Belt training. This typically involves leading and completing a DMAIC/DMADV project, mentoring two Green Belt projects, and achieving \$250k in net benefits from all projects. As a Black Belt, one is expected to possess expertise in process improvement, problem-solving, workshop facilitation, and change management. They must be able to lead projects to completion, mentor/coach Green Belts, and provide guidance on tool usage and roadmap deployment. When your kid joins us, they'll be constantly discovering something fresh! At Professional Black Belt Academy, our goal is to empower students in Prosper by developing: Robust physical abilities Quick reflexes and agility Enduring stamina Healthy habits for a lifetime Join us today and experience the best Kids Martial Arts classes around, designed to bring out the best in your child. We're thrilled to provide top-notch instruction and can't wait for you to witness it firsthand. We partner with students across Prosper to help everyone achieve their goals. Simply fill out the quick form on your screen to learn more about what we have to offer at Professional Black Belt Academy.