


Active listening in business

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the love that learns to know the business and how some of the entrepreneurs and the most successful companies of today are working? corporate podcasts serve as a great way to stay informed (and inspired) about events. all you need is your smartphone and a pair of headphones to tune everything from one-on-one interviews with today's leaders to summarize the most urgent business news of the day. So, if you are an experienced executive looking for something to listen to during your trip or just someone who is always itching to learn something new, this list of the best corporate podcasts is for you. from the kai ryssdals market to the collection of self-titled wisdom of tim ferriss, the following seven corporate podcasts will teach how to strategize, drive and grow your business. 12 best corporate podcasts 1. idigress podcast troy sandidge, host of idigress podcast, has a track record to generate over \$100m for various companies. will oat its experience to guide you expert in the world of marketing, get away from the confusion and techniques and tools that will help you to forge a path for business success. idigress is an ideal solution for all marketers looking through the board, from how to identify a business direction to find clarity in your messaging. episodes are 30 minutes or less, making it a great snackable podcast for listening in motion. 2. radical cando radical candor is all about how to succeed at work without sacrificing your humanity and happiness. amy sandler hosts discussions about why it is important to have honest communication when working (with yourself, management and colleagues,) and how honesty will help you build relationships that will raise you and help you succeed. topics discussed on the podcast include how to have candid conversations at work, as managers and business leaders can create a culture of orientation and feedback, and how to stand for you at the workplace. 3. Tap tape marketing podcast tape marketing podcast presents interviews with experienced authors and thought leaders who share tips and feasible business marketing resources. as a listener, you will learn about various topics such as how to keep happiness at work and best-practices to keep customers. fast company appointed this podcast “One of the best podcasts for experienced business listeners.” 4. the goal digger podcast jenna kutcher, host of the goal digger podcast, is an experienced educator and digital marketing, described as a live lab, the show helps businessmen learn firsthand about how to define their own personal success and chase after their dreams. topics covered include hack productivity, creating business pitches, improving your website's seo, social media tips, andbuild the work of your dreams. Kutcher is often joined by prominent guests and industry experts, such as entrepreneur Lori Harder. 5. CodePen Radio CodePen is an online tool for web developers to testCSS, and JavaScript code snippets. Hosted by CodePen employees, CodePen Radio contains personal stories about successes and failures that came across during the company's scam. It is good for professionals in the software industry, as you will get valuable information about everything about starting and maintaining a web software business. 6. Choose the inclusion Three hosts, Mike Hess, Nina Baliga and UB Ciminieri, have authentic and honest conversations on the different ways diversity, equity and inclusion impact enterprises. It is a great listening for all professionals as they discuss everything, from the development of a program of the DEI at your company to be an active participant in workplace events. 7. MarTech Podcast The MarTech Podcast, hosted by Benjamin Shapiro, shares marketers' stories and the different ways they use technology to achieve company growth and success. Each episode presents a business leader and a different marketing professional, making it suitable for listeners in all industries. All guests provide information about the best MarTech practices through real life experiences and recommend tools and tips for success. 8. Brown Ambition Brown Ambition Podcast offers financial advice from two professional finance journalists, Mandi Woodruff-Santos and Tiffany Aliche. Listeners can take advantage of the guest experience and learn how to make smart career choices that contribute to financial success personally and in business. The hosts also address issues commonly faced by color communities, which act as a resource for groups often left by financial well-being conversations. They also have entire Q&A episodes dedicated to answering the questions of listeners, useful for those who have a unique situation they want advice. 9. Happiness at work At Work is a podcast based on interviews that includes authors, entrepreneurs, coaches and industry leading experts who discuss, well, happiness at work. It is good for business professionals looking to create a better balance of work-life or those simply trying to maintain their levels of happiness at work. As a listener, you will learn useful tips to create a culture of the positive and uplifting workplace and the benefits it brings to the workplace. The best summary of the show comes from the same creators — “We believe that happiness at work should be the norm and not the exception.” 10. Inclusion Works Inclusion Works focuses on the discussion of the importance of creating a workplace culture that is inclusive of all communities. Guests talk to experts professionals, such as Jiquanda Nelson and Margot Slattery, who provide advice on the strategies of the OIL who work and help to thrive. 11. Idea HBR Cast HBR Idea Cast is a weekly podcast that presents important leaders in business and business management. Rotating hosts offer listeners a different experience, and topics range from innovation and productivity to job creationbetter balance between work and life for employee management. Running between 20 and 30 minutes, the episodes are snackable and easy to consume on the journey, or during the work breaks where you are trying to unzip. 12. TED Business TED Business is a great podcast for high quality snackable business content. Host Modupe Akinola speaks listeners through obtaining a promotion, defining realistic goals, and forming positive working relationships. You will start with useful tips to forge your path, as, at the end of each show, Akinola gives a mini-lesson on how to apply the tips discussed within the episode. Ready to listen? Select the show that best suits your needs, and start listening from where you are, whenever you want. Originally published 27 September 2021 3:30:00 PM, updated 27 September 2021 Active listening is a super crucial communication ability, but that doesn't mean it's easy. Since our phones are blowing with texts, emails and news updates of the judgment day, it can be difficult to focus on humans in front of us. So, there is no shame in wanting to increase your listening game. In fact, it is really important for the speaker and listener we give our best shot. To learn to be better listeners, we talked to Yvette Mendoza, a professional advisor authorized to Akron, Ohio. Loves this quote by the author Stephen Covey: “See before you understand, then be understood. “Mendoza says that active listening is not only affirming, but also building a bridge of respect and rapport. “You can earn a lot from listening to others” perspectives.” Mendoza says when active listening is not present, we are basically communicating a lack of value in the thoughts of others. “We are all learners” - learning opportunities are everywhere. If one acts as a “knowledge”, they will lose the opportunity to experience another's perspective.” Here are some ways to actively communicate value in others' thoughts while listening.1. Cut distractionsEven for the best multitaskers, small activities during conversations - things like scrolling through your Tinder games or choosing the right caption for your selfie - can encourage distracted listening. This can give an atmosphere that what the speaker is saying is not very important to you. It is better to close distractions (read: put down your phone) so you can better tune to what is shared with you.2. Read the body language The body language can be the fastest, the most precise atmosphere control there is. Mendoza says that active listening involves observing the speaker's body language and seeing if it matches what they're saying. For example, if they say thatdoing really well, but they're slumped, fawning, or tightening their fists, it's sure to say there's more going here. As a listener, you must also control your body language. Mendoza suggests that you have an open body posture, which communicates that you are ready to receive information. Here's how you can do this:do this:facespeaker in keeping eye contact keep body light, relaxed knot as they speak (where appropriate) Also helps to “mirror” the speaker — smile if they are smiling, shake the head if they are shaking their, etc. This body language gives an atmosphere that you are on the same page and makes the speaker feel as you are paying attention. Do not do these:sit in a tense and rigid position with the shoulders detached from the speaker not — I repeat — do not yawn around, roll the eyes around the room, check your watch or phone, i.e., act bored.3. Avoid judging inAs mid-1990s Gwen Stefani would suggest, don't talk. At least not until it's time. Of course, we learned that the interruption is rude when we were just at kindergarten, but honestly, we could always use the reminder. Sometimes it's too damned trying to jump in if we refer or agree with what the speaker is sharing. But interrupting can totally Pck with the speaker's thinking train or give the impression that you think your story is better. So, unless you are jumping in to ask a question or you need clarification on something, let it end up talking before you answer.4. We fear silence and avoid it at all costs. While we can think that the speaker expects an immediate response, it is usually better to stop first so that we can offer a more reflective answer. The speaker can also prefer this moment of reflection. It means you are thinking carefully about what they said instead of a simple word-vomiting for hell of it. If you want to avoid embarrassing silence, go ahead and tell him you're just taking a second to think about what they said.5. Being a studentMendoza recommends going into all conversations with an apprentice mentality — this means asking, “What can I learn today?” This gives you the opportunity to see something to earn actively listening instead of just anxiously waiting for your turn to talk. You can be more motivated to listen actively knowing that there is something important, although it is just a little wisdom, somewhere in this conversation that you can go away with. 6. Don't be afraid of the Learning conflict to manage the conflict is a wonderful ability to have. Mendoza explains that you start managing the conflict using active listening, which helps you identify the values of the communicator. “Many times you share similar values, they simply can be expressed in different ways,” he says. Do your best to find those common values and see the conflict as an opportunity to grow rather than a bad result.7. Keep judgment, please With all this listening you are doing, you can finally hear something that makes you cry. Let's go.your best to continue communicating support without passing as super judging. For example, maybe your friend is getting full sure they will appreciate the same from them one day. 8. Be careful with the advice If the person you are talking to is asking for advice, it is generally a good idea to offer soft suggestions instead of direct orders. Avoid saying something like this: “It's really Pcked up. You have to apologize and work hard to fix things.” Consider something like: “Hmm... we consider a good place to start with this. And first apologize? It could also be useful to offer reasons behind what happened and then ask how they felt about everything.” 9. Ask the right questionsWhile the nonverbals are great, we must ensure when it is our turn to talk that we are asking the right questions to show our support and further conversation instead of switching it off. So instead of asking questions yes/no, ask some open questions — those about what they think or how they feel about the things they shared. Open examples: “So, what happened next? “How did you feel after he said this? “10. Validate, validate, validate Sometimes after a stressful day of work, we just want to break out, and not really feel any advice. If the problem is big or small, it's just nice to know that someone cares that you had a crappy day (and it doesn't hurt if they offer you ice cream). Here are a few things you can say after someone dismissed you: “I bet he was super frustrating. It seems stressful like hell.” I can absolutely see why this will make you feel over it. “Note: Maybe give yourself a “damn, this is crazy” limit of about two. Although some people hate having to repeat themselves, repeating (or relaying) what you heard to the person is an important part of active listening. “How am I doing?” Go ahead and copy that to see how well you are listening, because check-in also involve some quality control over your end. Just ask the person you're communicating with how you're doing to make sure your active listening skills are au pair. Be willing to feel any constructive feedback and see how you can apply forward. Just because you feel like you're listening, doesn't always mean you're actively listening. Active listening requires receiving information (visually), and then return to the speaker with respect. Active listening is not always easy, but is beneficial for both of usSpeaker and listener. With a certain practice, you can cultivate stronger relationships using some simple non-verbal ideas and validation exercises. It is a matter of interrupting distractions, being present, empathetic, and not being afraid of moments of silence or disagreement. You can do it. This.

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