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Identification and description of variables used in any study is a necessary component in biomedical research. Statistical analyses rely on the type of variables that are involved in the study. In this short article, we introduce the different types of biological variables. A researcher has to be familiar with the type of variable he/she is dealing with in his/her research to decide about appropriate graphs/diagrams, summary measures and statistical analysis. Keywords: Biological variables, discrete variables, continuous variables, categorical variables

Research question is the initial and integral step in any research work. Depending on the research questions to be answered and the data available, researchers decide about the statistical methods to be used for analysis. Researchers have to be acquainted with the variety of variables involved in their study to choose appropriate diagrams/graphs and summary measures for presentation, and valid statistical tests for the analysis of data.

Information collected about a sample of subjects (often patients) comprises characteristics which vary among the subjects. Any characteristic, which varies from individual to individual is called a variable (1). The characteristics such as age, sex, height, weight, body mass index (BMI), blood group, body temperature, blood glucose level, blood pressure, heart rate, number of teeth, severity of disease (mild, moderate, severe) etc. are some of the examples for biological variables in research. A basic distinction in the nature between these variables is their quantitative or qualitative (categorical) measurements (1,2).

Quantitative variables are those characteristics which can be a count or measured numerically. They can be continuous or discrete. Continuous variable can theoretically take infinitely many values in a given range. This means that, in a given range, there are an infinite number of values. For example, in a given range of 10 cm, height can be 10.1, 10.2, 10.3, 10.4, 10.5, 10.6, 10.7, 10.8, 10.9, 11, 11.1, 11.2, 11.3, 11.4, 11.5, 11.6, 11.7, 11.8, 11.9, 12, 12.1, 12.2, 12.3, 12.4, 12.5, 12.6, 12.7, 12.8, 12.9, 13, 13.1, 13.2, 13.3, 13.4, 13.5, 13.6, 13.7, 13.8, 13.9, 14, 14.1, 14.2, 14.3, 14.4, 14.5, 14.6, 14.7, 14.8, 14.9, 15, 15.1, 15.2, 15.3, 15.4, 15.5, 15.6, 15.7, 15.8, 15.9, 16, 16.1, 16.2, 16.3, 16.4, 16.5, 16.6, 16.7, 16.8, 16.9, 17, 17.1, 17.2, 17.3, 17.4, 17.5, 17.6, 17.7, 17.8, 17.9, 18, 18.1, 18.2, 18.3, 18.4, 18.5, 18.6, 18.7, 18.8, 18.9, 19, 19.1, 19.2, 19.3, 19.4, 19.5, 19.6, 19.7, 19.8, 19.9, 20, 20.1, 20.2, 20.3, 20.4, 20.5, 20.6, 20.7, 20.8, 20.9, 21, 21.1, 21.2, 21.3, 21.4, 21.5, 21.6, 21.7, 21.8, 21.9, 22, 22.1, 22.2, 22.3, 22.4, 22.5, 22.6, 22.7, 22.8, 22.9, 23, 23.1, 23.2, 23.3, 23.4, 23.5, 23.6, 23.7, 23.8, 23.9, 24, 24.1, 24.2, 24.3, 24.4, 24.5, 24.6, 24.7, 24.8, 24.9, 25, 25.1, 25.2, 25.3, 25.4, 25.5, 25.6, 25.7, 25.8, 25.9, 26, 26.1, 26.2, 26.3, 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