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## Narcotics anonymous book pdf

Below are the 12 steps of Narcotics Anonymous, also known as Na. Narcotics Anonymous offers recovery from the effects of dependence through the work of a twelve-step program, including regular presence to group meetings. The group atmosphere provides the help of peers and offers a continuous support network for drug addicts wishing to undertake and maintain a free drug lifestyle. The name, narcotics anonymous, does not intend to imply a focus on any particular drug; NA's approach does no distinction between including alcohol drugs. For the following instructions, you can click on the work button to read on or feel people working the data step, or click On the Videos on the programmed step. It is also possible to read a synthesis of the NA program on our directory site. We have admitted our impotence on our dependence, that our life had become unmanageable. We have admitted our impotence on our dependence, that our life had become unmanageable. brought back to reason. We made the decision to entrust our will and lives to God's care, as we understood him. We admitted to God, to ourselves, and another human being the exact nature of our wrongs. We humbly asked to eliminate our defects. We made a list of all the people we hurt, and decided to feel amends to all of them. We have made a fine scale to these people, where possible, except when, to them or others could have recovered. We continued to do our personal inventory and meditation to improve our conscious contact with God, as we understood him, praying only for the knowledge of him's will for us and the strength to execute it. Having had a spiritual awakening as a result of these steps, we tried to transmit this message to drug addicts, and put these principles into all our activities. Written by members, our identification offers literature and a message of hope for addict again suffering. Literature Recovery is a valuable source of help for members, potential members, and those who want to help drug addicts. The NA program is a way of life based in twelve steps. The steps offer members of Na can be heard in our literature, illustrating how life is living at Lifeà ¢ s conditions. Over the years it has changed, our literature has expanded and was reviewed, but the message remains the same: a drug addict, every employee, able to stop using drugs, lose the desire for use, and find a new way to live. The reciprocal aid 12-step organization This article is about the twelve-point program of Anonymous Narcotics. For information on the relevant twelve-point program for friends and relatives of those who are affected, see Nar-Anon. This article possibly contains original searches. Please improve it by checking the claims made and adding quotes online. The statements constituted by the original research only must be removed. (April 2020) (More information on how and when removing this message) Narcotics Anonymousformation1953 (68th years ago) ã, (1953) Founderjimmy Kinnontypemutual help Dependency RecoveryPurposetwelve-Step ProgramheadQuartersna World Service OfficeChatsworth, Los Angeles, Californiounited The NA logo designed by a symbol Jimmy K. The na service Designed by logo Jimmy K. The group explained Narcotics Anonymous (NA), founded in 1953, is described as a "non-profit scholarship or a company of men And women for whom drugs had become a serious problem." [1] Narcotics Anonymous uses a model of 12 points developed for people with disorders from use of different substances [2] and is the second largest organization of 12 points. [3] Starting from May 2018 [UPDATE] there were more than 70,000 Na meetings in 144 countries. [4] Narcotic Anonymous Membership Program and the Organization of NA states that the IL The requirement for membership is "a desire to stop using." NA says that its meetings are where members can "meet regularly to help you stay clean." All facts and quotations presented in "The Narcotics Anonymous (basic text). [5] The inscription Na is free and there are no dues or fees. The foundation of the Narcotics Anonymous program is the twelve steps and twelve traditions. [6] Narcotics Anonymous uses a slight variation of the formulation in both the twelve stages. According to the basic text, the Narcotics Anonymous "has no opinion on outside issues," including those of politics, science or medicine and does not endorse any external organization or institution. The fellowship does not promote itself, but rather attracts new members through public information and awareness. Individuals may also be forced to participate in the courts or to rehabilitation programs. [7] NA GROUPS AND AREAS Provide external organizations with factual information about the NA program, and individual members can carry the NA message to hospitals and institutions, such as treatment centers and prisons. [8] The nature of addiction According to the philosophy of the NA program, the majority of drug users did not realize they had a problem with drugs until they left them none. Even if other people have pointed out that might have a drug problem who were convinced otherwise. But once an addict on their efforts to stop and realize that they can not finally see that drugs have checked them. Drug addicts lived to use and used to live. NA helps to show them a different way of life and helps them fight their disease. [9] Na describes addiction as a progressive disease with no known cure, which affects all areas of life of an addict: physical, mental, emotional and spiritual. NA suggests that the disease of addiction, to indicate that drug addicts have a disease of which the use of drugs is a symptom. In the NA program, all drugs are considered equal, and alcohol is also a drug. Other symptoms include obsession, compulsion, denial and self-centeredness. [10] Meetings regular meetings, hosted by na crane groups, are the basic unit of the community na. Meetings are held in a variety of places such as the church meeting rooms, libraries, hospitals, community centers, parks or any place that can accommodate a meeting to establish a recovery and a reliable routine network, understand that this is their "source group." Group members can participate in the Group's business and play an important role in deciding how it should be conducted meetings of the Group. Formats There are two basic types of meetings, "Open" and "Closed". Anyone who is invited to drug addicts and people who think they have a problem with drugs. The meeting formats vary, but often include the time spent on reading aloud of NA literature regarding the issues involved in the cleaning of living life that is written by and for members of NA. Many meetings include a component "Open Sharing", where anyone who takes part has the opportunity to share. Usually there is no direct feedback during the "Share"; Therefore A person never speaks at a given time during this part of the meetings. Some groups choose to accommodate a single speaker (these meetings are usually denoted "speaker meetings") to share most of the meeting time. Other meeting formats include Round-Robin (sharing goes around in a circle), the tag meetings focus on reading, writing and / or sharing one of the gods Steps or some other portion of NA literature. Some meetings focus on reading, writing and / or sharing one of the gods Steps or some other portion of NA literature. support of a particular group of people based on gender, sexual identity, age, language or other characteristics. These meetings are not exclusive, as every employee is welcome at any NA meeting. NA communities often make an effort to have a separate meeting running at the same time for members who do not identify with the common-needs meetings. During the meeting, some groups to allocate time for NA-related announcements, and many meetings to set aside time to recognize "anniversary" or "birthday" of clean time. Individuals are sometimes allowed to announce their clean time to the group. In some meetings, and for some anniversaries, keychains, and medallionsà A denoting different quantities of a clean Timea are distributed to those who have reached those milestones. In some areas, the addict celebrating will have its sponsor or a friend or family member, give them a medallion when the friend will share some of the addict celebrating successes over the last year, or by during the entire course of his recovery. Then the addict celebrating can share their experience, strength and hope with the group on how they did. NA says in the fifth tradition that "each group has only one A ¢ primary purposeA to carry the message to the addict who still suffers." Therefore, the newcomer is considered the most important person at any meeting. Our message is hope and promise is freedom. The NA message as quoted in the states of the base "an addict text, every employee, can stop using drugs, lose the desire to use, and find a new way of life" (Basic Text p.Ã 68). NA offers a promise freedom from active addiction (BT p.Ã 106). According to the Narcotics Anonymous Basic Text, the "Twelve Steps" are the source of this hope and freedom, when he worked to the best of their ability. Services NA literature suggests that service work is an essential part of a recovery program. Service is "doing the right thing for the right reason," and is the best example of "good will", which is the basis for freedom from active addiction only by the NA program. Maintenance work is usually presides over a meeting, but it can be as simple as cleaning up after the meeting, putting away the chairs, or answer a phone. In addition, there are service positions, formalized base at group level to help the group carry out its function: examples include the treasurer, secretary and Service structure operates at the level of the area, regional and global levels. there are these service levels to serve the groups and are directly responsible for these groups; They do not govern. world services are responsible for the participating regions, which are in turn responsible for these groups; They do not govern. world service committees also provide special subcommittees to meet the needs of members who may be confined in prisons and institutions, and also will provide a public interface for the scholarship. The Basic Text Literature defined Narcotics Anonymous is divided into two books. Book a discusses the basics of the NA program and the twelve steps and traditions. Book two is made up of many personal stories. [11] As and why detailed offers discussion of twelve steps and traditions [12] and is often called the "Flat Book". Only for today is a book of daily meditations with quotes from the basic text and other na-approved naapproved literature The "information leaflets". [13] Sponsorship is an in-depth discussion of the role of sponsorships in NA, including the personal experiences of members. The miracles happen describes the first years of the Na organization. This book contains many photographs of the first places of literature and meetings. Clean life: The journey continues was approved by the World Service Conference in May 2012. It contains experiences to remain clean and recovery while moving through challenges in life such as disease, death, parentality, spiritual paths, and the Employment of members. Guiding principles; The spirit of our traditions was approved by the World Service Conference May 2016. The book explores the principles found in the 12 traditions of NA and is a resource for NA members to learn what the essence of traditions are, so As understanding their demand for NA groups, members and service committees. Na has also produced dozens of "informational brochures" or "IP", of varying lengths covering a wide range of related recovery topics, including questionnaires for those who think they can have drug and information addiction for drug addicts trying to Stay while cleaning hospitals or institutions inside. Spirituality is defined as a spiritual program of recovery from dependency disease. NA programs program importance on the development of a work relationship with a "higher power". [14] Literature suggests that members form their personal understanding of a higher power. The guidelines suggested alone are that this power is "loving, worry, and greater than one of one and more powerful than addiction disease". Members are given absolute freedom in coming to understanding a higher power that works for them. Individuals from different spiritual and religious environments, as well as many atheists and agnostics, have developed a relationship with this replacement term "higher power" or read how the acronym of "good" and some members who have difficulty with this replacement term "higher power" or read how the acronym of "good" and some members who have difficulty with this replacement term "higher power" or read how the acronym of "good" and some members who have difficulty with this replacement term "higher power" or read how the acronym of "good" and some members who have difficulty with this replacement term "higher power" or read how the acronym of "good" and some members who have difficulty with this replacement term "higher power" or read how the acronym of "good" and some members who have difficulty with this replacement term "higher power" or read how the acronym of "good" and some members who have difficulty with this replacement term "higher power" or read how the acronym of "good" and some members who have difficulty with this replacement term "higher power" or read how the acronym of "good" and some members who have difficulty with this replacement term "higher power" or read how the acronym of "good" and some members who have difficulty with this replacement term "higher power" or read how the acronym of "good" and some members who have difficulty with this replacement term "higher power" or read how the acronym of "good" and some members who have difficulty with this replacement term "higher power" or read how the acronym of "good" and some members who have difficulty with this replacement term "higher power" or read how the acronym of "good" and some members who have difficulty term of the acronym of direction ordered". The twelve steps of the NA program rely on spiritual principles, three of which are honest, mental opening, and the will, embodied in the first three steps. These three are difficult to exhaustive. The basic text of Na says, in the fourth chapter, on all twelve steps, "these are the principles that have made our recovery possible" According to the members of these principles, if followed to the best of their abilities, to allow a new way of life. Na meetings usually close with a circle of the participants, a group embrace, and a prayer of some kind. Prayers used to close today's meetings include the "We" version of the "serenity prayer" ("God, gives us the serenity of accepting the things we can't change, the courage to change the things I can and wisdom to know the difference . "); The third step of prayer ("take my will and my life. Guide me in my recovery. Show me how to live.") Or the "prayer and thanks" ("that no drug addict in search of recovery needs never die. ... My gratitude speaks when I am interested in and when I and when I share with others in the way na. ") Sponsorship A drug addict helping another is an essential part of the NA program. [15] It is therefore advisable that NA members find a sponsor is a member of the NA that helps another member of the scholarship sharing their experience, strength and hope in recovery and serves as a guide through the twelve steps. In this way, NA members often choose a sponsor with experience in the application of the NA twelve steps. To feel more comfortable, many members are free to choose any other member of sponsor quality. It is also suggested that you should find a sponsor that not only has worked the 12 steps of anonymous narcotics, but that person also has a sponsor who worked 12 traditions, never ever We put the principles before personalities. "(12th tradition, basic text) Many members of NA are identified only in meetings with their name only. The spirit of anonymity concerns the place" principles before the personalities "and recognizing that no single employee is superior to another And that individual drug addicts do not recover without communion or its spiritual principles. The eleventh tradition states that Na members "need to keep anonymity of the press, radio and film". History na crashed by the anonymous program Alcoholic half of the 1930s, and was founded by Jimmy Kinnon. [16] Meetings have emerged for the first time in the Los Angelia area of California, the United States, in the early 1950s. The NA program, founded Officially in 1953, [17] It has begun as a small United States movement that has grown in the largest recovery program of 12 passages of the world for drug addiction. The predecessors of anonymous alcoholization is Status the first 12-step program, and through it many with drugs and drinking EMS has found the sobriety. The fourth tradition gives each group AA the autonomy to include or exclude non-alcoholic addicts from "closed" meetings "where only those with a desire expressed to stop drinking. At the "Open "meetings, the non-alcoholicated ones are the Welcome. [18] In 1944, the co-founder of AA Bill Wilson discussed a separate communion for drug addicts. [19] In 1944, the co-founder of AA Bill Wilson discussed a separate communion for drug addicts. Center, Lexington) within the federal prison of Lexington, Kentucky for 20 years. [20] In 1948, a member of Narco began a short-term communion and rot followed the 12 traditions of NA, which caused problems for communion and ultimately the end of that na at the end of the 40s. Jimmy K., which is "Credit To start the na as we know it today, he contacted Rae Perez, a leading member of this maograf. Because that communion didn't want to follow the 12 traditions written by AA, the two bags of the bags never joined. First history of Na in 1953 Narcotics Anonymous, was founded in California by Jimmy Kinnon and others. [21] Different from his predecessors, na formed a communion of groups to support each other. The founding members, most of which came from AA, debated and established the 12 traditions of the NA community. On September 14, 1953, AA authorized the use of the 12 passages and traditions of AA on condition that we stop using the name AA, causing the organization to call themselves narcotic anonymous. In 1954 the first publication was printed, called the "small brown book". It contained the 12 steps and the first drafts of different pieces that would later be included in the subsequent literature. [3] [22] At that time, Na was not yet recognized by the company in general as a positive force. The initial group has difficulty finding places that would allow them to meet and often had to meet in people's homes. The first meetings of Narcotics Anonymous were held in the basements of the churches for the protection of the members because at that time an old law that prohibited that the convict of congregation were still welcomed and the churches offered their foundations as a sanctuary. Drug addicts should turn around meeting swould not have been discussed by the police. They were many years before it has become recognized as a charity organization, although some advance print accounts are Very positive. [23] Furthermore, many na groups did not follow the 12 traditions (which were quite new at that time). These groups were sometimes accepting money from external entities, confusing AA with na, or even adding religious elements to meetings. For a number of reasons, meetings began to decline at the end of the 1950s, and there was a period of four months in 1959 when there were no meetings performed anywhere. [15] Experience in. in. With this, Kinnon and others dedicated themselves to restarting na, promising to keep traditions more closely. Resurrence at the end of 1959, meetings began to form again and grow. The white booklet was written in 1962 and became the heart of NA meetings and the base for the entire subsequent literature. Na was defined as a "hip pocket. This brochure was republished in 1966 as the White Book Na and included the personal stories of many drug addicts. The first telephone line na has begun in 1960 and the first group "H & I" was formed in 1963 (H & I stands for hospitals and institutions, a sub-committee of anonymous narcotics that bears the message to hospitals and institutions, a sub-committee of anonymous narcotics that bears the message to hospitals and institutions. renounced) to ensure that na has remained healthy and followed a different "13-step" program, but this program has grown slowly in the 1960s. The program, but this program, b and what was not. Recurrence rates decreased over time and friction between NA groups began to decrease. The 1970s was a rapid growth period in the United States. Within two years there were 70, including meetings, all in the United States. Within two years there were 70, including meetings in Germany, Australia and Bermuda. In 1976 there were 200 regular meetings, including 83 in California, and in the early 1980s in Brazil, Canada, Colombia, India, Republic of Ireland, Japan, New Zealand and the United Kingdom. In 1980, the first meeting in London was inaugurated in Millman Street, Chelsea, with about six members and a second following months later. In 1981, there were 1,100 different meetings around the world. A worldwide service office was officially opened in 1977. [24] In 1971 Na World Conference was held in 1977. [24] In 1971 Na World Conference was held in 1977. [24] In 1971 Na World Conference was held in 1977. [24] In 1971 Na World Conference was held in 1977. [24] In 1971 Na World Conference was held in 1977. [24] In 1971 Na World Conference was held in 1977. [24] In 1971 Na World Conference was held in 1977. [24] In 1971 Na World Conference was held in 1977. [24] In 1971 Na World Conference was held in 1977. [24] In 1971 Na World Conference was held in 1977. [24] In 1971 Na World Conference was held in 1977. [24] In 1971 Na World Conference was held in 1977. [24] In 1971 Na World Conference was held in 1971. [24] In 1971 seen some of the most displaced periods of debate within Communion. Although the yellow booklet, the small white booklet, and the small white booklet, and the small white paper were used in the 1960s and 70s, many people wanted to have a more detailed book in case of recovery, parallel to the "big book" of anonymous alcoholics. Some meetings offered the AA literature at meetings, while others considered writing their books in the event of recovery. A group also planned to print a booted version of the group" of the Fellowship has been recognized, and in October 1979 the first literature conference in the world was held in Wichita, Kansas. While the previous literature had been written by a few drug addicts (mainly from Jimmy Kinnon), the text na basic was written as a massive collaboration between hundreds of people. There were a total of seven world literature conferences in three years, all open to any addiction he wanted to help. It was decided that the book would use the small white book as a side dish, filling out and expandable on the subjects discussed in that text. In November 1981, a finalized version was distributed to the entire na for approval, and the text was approved by a 2/3 majority needed the passage, however, the publication was sustained due to a lively disaster between the World Service and others NA service entities. The book was printed in 1983 with the steps removed. A second edition that restored passages quickly followed to the question of company. A hasty vote that required representatives of regional services to respond within 60 days (although most of the regions is only met every 90 days) that make it impossible to actually stop the nai groups and membership removed the sentences in a third edition. [25] The editors and professional writers were hired in 1986 to improve the basic text so that it was more consistent in tone and style. The Resulting 4th edition, published in 1987, has been overhauled improperly and had many problems, including 30 lines that were missing and text that was inconsistent with the other NA literature. A fifth issue was released in 1988, quickly correcting these problems. In 2004, the WSC has launched a project to revise the original text. This new edition, and complements the rest of the original stories more than the whole world. The first 10 chapters were to remain the same. In addition, the foreword would remain the same, as well as the "Symbol" page. There's a new preface but the original preface will be called "the preface to the first edition." There were other changes to the structure of the book, including the layout and flow of the book, keeping the original message clear and unchanged. The task of choosing these stories has been handed down from the office of global services to regional meetings, the meetings of the committee of the service, and hence the individual meetings of the group home, where every member 2006 Ű, they were distributed 7,500 copies (4,493 copies were shipped 3,009 copies and electronic copies were downloaded by members). The input received approximate number was 350 pieces, of which 60 percent came from the groups and 23% came from the groups and 23% came from the groups and 23% came from the following countries (although later were presented personal stories and additional statistics are unknown): Argentina Australia Bangladesh Belgium Brazil Canada Colombia Egypt France Germany Greece India Ireland Israel Italy Japan Mexico Nepal Ne Africa Spain Switzerland Switzerland Trinidad Turkey United Kingdom United States Venezuela West Indies the sixth edition of the Basic text NA was passed with over forty new "personal stories" from all over the world. Due to the addition of so many new stories of experiences of NA members, it is larger than all previous editions. After the rapid succession of five editions during the 80's, this was the first new edition in two decades. The ° 1 October 2008, the fifth edition has been replaced by the sixth edition of the inventory of narcotics anonymous world services to na.org. Copies of the basic text are sold or supplied free of charge at the expense of the Group, in NA meetings and are available in over 30 different languages. Millions have been helpful to many addicts. The more recent history of the sixth edition basic text of the first edition) sixth edition text. In 2003, NA World Services has approved a new text entitled Sponsorirship. [26] This book strives to help people explore the concept of sponsorship NA. In recent months, [when?] There was a motion to review the "in" Disease brochure times. A movement for Project To create a new book was put at the conference of the World Service in the 2008-2010 conference cycle. The movement was transported by unanimous consent in 2010. [27] In the next two years the members of Narcotic Anonymous Fellowship took part in a collective effort to create this new piece of book literature. The book had to be entitled Clean: the journey continues. At the 2012 World Service Conference, and the service conference is a collective effort to create this new piece of book literature. a motion to approve the final draft of the book was presented at the conference for approval and once again the delegates brought the motion. LIVING CLEAN: The journey continues was released to the public in 2012. [28] Demographic registration Registration Registration Registration Registration in Narcotics Anonymous is voluntary; No frequency record is maintained even their own purposes or for others. [15] For this reason, sometimes it is difficult to provide interested parties with complete information on the basis of data obtained by members who attend one of NA's world conventions; The difference diversity in particular the low ethnic priority, seems to be representative of the geographical position of the survey. The following demographic information has been revealed in a survey returned by almost the half of the 13,000 participants in the World 2003 Convention held in San Diego, California: A ¢ â, ¬ â â â â â â â ê ¢ ¢ Genre: 55% male, 45% female. A ¢ â, ¬ â ĉ ¢ etÅ: 3% 20 years and below, 12% 21 - 30 years, 31% 31 - 40 years, 40% 41 - 50 years, 13% of age exceeding 51 years and 11% more. Å ¢ â, ¬ â ¢ Employment status: 72% full-time employee, part-time of 9% used, 7% unemployed, 3% retired, 3 of household goods, 5% students and 1% He didn't answer. A ¢ â, ¬ â ¢ Abstinence / continuous recovery: the 2015 membership survey showed the interval for less than a year up to 54 years, with an average of 8.32 years. The 22,803 members' 2015 welfare survey is available on Na.org, under the "For the Public" card. Growth rate Because they are not preserved frequency records, it is impossible to estimate which percentages of those who come to narcotics anonymous remain active in NA over time. The only self-indicator of the program success in surpassing members is the rapid dissemination of Narcotics Anonymous outside North America. In 1978, there were fewer than 200 groups that hold over 13,000 groups that hold over 13,000 groups that hold over 13,000 meetings. In 2002, 108 countries had 20,000 groups that hold over 30,000 meetings. In 2005, 116 countries had over 21,500 groups holding over 33,500 weekly meetings in 127 countries. [29] In 2018, there were over 62,700 meetings in 144 countries. [30] The members of the organizational structure meet in NA groups; Representatives of which participate in Commogged Service area (ASC); Several area service committees are a regional delegates (RD) make the NA World Health Committee. [31] The foundation for this structure is the twelve traditions of Na. NA Narcotic groups Anonymous is fundamentally made of na groups. A group na is a number of members of NA regularly meet; Usually at the same time and piazza every week. Some groups have a main purpose, to bring the message to the addict that suffers again. Groups are largely independent of each other and NA members are encouraged to choose a "homegroup" to belong to, a group that frequented regularly and where they will be missed if they are absent. Each group treasurer, a group treasurer, a group president, a group service representative (GSR) and an alternative GSR. This electoral process is carried out by the conscience of the Group which is a business meeting composed of members of the group that strive for consensus-based decisions. With each group that strive for consensus-based decisions at the group which is a business meeting composed of members of the group that strive for consensus-based decisions. from meeting to meeting. These responsibilities or "GP" are contrived by business group meeting, calling on a higher power to guide the decision of each person recovery, also known as a group consciousness. An example of a specific trust responsibilities of the servant are: "The secretary is responsibilities of the meeting, choose someone to chair the meeting, make sure the coffee is made, etc. He or she arranges to purchase supply and maintenance of the group records. the treasurer keeps financial records and pay the group's bills. the GSR attends meetings service Area Committee and represents the ASC group. GSR alternate we assist the GSR and is preparing to replace the GSR when necessary. "[32] service area committees ASC is made up of all groups of participants NA in a specific area. Representatives of service groups (gsrs) and alternative gsrs from each groups. Each ASC elects its own officers: president, vice president, vice president, secretary, treasurer, and the regional committee members (RCM). Often an ASC will have various sub-committees (such as a, but not limited to Hospitals and Institutions (H & I), Public Information (PI), Activity, website, Outreach, politics, literature, Literature Review, Newsletter, Recovery by mail and Convention), which are driven by the subcommittee leaders who are elected by the entire ASC. In some regions, different ASC will be grouped in a metropolitan service committee at the sub-regional level; This is typical especially big cities like Los Angeles, which contain more ASC. A regional service committee at the sub-regional level; This is typical especially big cities like Los Angeles, which contain more ASC. A regional service committee at the sub-regional level; This is typical especially big cities like Los Angeles, which contain more ASC. committee members (RCM) of all ASC participants in a region. It 'similar in organization to an ASC, but it is further removed from the day to day activities of each groups to help craft policies that affect NA as a whole. In some cases, only the RCM in a region will meet to vote on matters; in other situations, all gsrs in a region will be invited to participate in an RSC meeting. The RSC elects a delegate to attend the World Conference of service. Zonal Forums Zonal forums are service-oriented organizational structures to improve communication between RSC. They are not decision-making entities. Some zonal Forum actively participate in the "Society for Development" for the help NA groups, areas or regions to work together to translate literature, informing the local community about NA and create new service committees. This result is achieved through annual or biannual meetings of the Forum along with zonal development visits to the NA groups and expert meetings and the material to help most recent community. zonal forums also provide an important opportunity for World Services and the World Council of interacting with new and growing NA community to better understand their needs and challenges. Zonal forums are an important part of the most populous and remote parts of the world. Eastern Europe, and Latin America NA communities have grown significantly through the work of Zonal Forum. Some zonal forums are a sharing session-oriented services that provide the means by which NA community in their area can communicate, collaborate and grow with each other. Even if it is not a part of the formal decisional system NA, Zonali Forum interact with the services of the world in many ways Each Zonale Forum provides a biennial report on the world floor Conference and, when requested by the conference, can also answer specific questions or dealing with the body. To improve communications, the zonal holes are equipped with a conference participant mailing and sending each meeting record of the Zonale forum to the World Services. To serve communion more effectively, World Service Conference The NA World Service Conference (WSC) is a biennial service meeting made up of regional delegates of the world's sitting regions and World Council members NA. This service conference has the executive right to make decisions for the entire na Fellowship. This includes the election of members to be part of the World Council, approving all new na literature, service material, and make political decisions concerning communion including the organizational structure. was recently performed at the end of 1990 when the World Service conference resolved to restructure the NA service level committees (Public Information , Hospitals and institutions, literature and translations) replacing them with a single council elected by the conference. NA World Service Office The WSC through the World Council is responsible for the NA Service Office World located in Chatsworth, a district of Los Angeles, California, United States. This office deals with the production of all approved literature, provides resources for projects approved by WSC, and also provides with the production of all approved by WSC, and also provides with the production of all approved by WSC, and also provides with the production of all approved by WSC, and also provides with the production of all approved by WSC, and also provides with the production of all approved by WSC, and also services limited to the scholarship as a whole. The Office also administers the legal responsibilities of the scholarship as regards the copyright, intellectual property, and accounting. The office uses many people who carry out these functions. Anonymous narcotic finance members are not required to pay the quotas or taxes. NA is committed to being completely self-sufficient, refusing any external contributions. The Group's expenses are covered entirely by voluntary contributions of its members. Groups meet the costs such as meeting room rental, tea and coffee, and all the documentation that the Group provides free from these contributions, after that excess funds have passed to the service structure. Group often provide some elements of the literature such as IP (on two sides single leaflets) and Keytags / chips that celebrate clean time. Committees of supply area also literature for groups. Areas pass the funds to regions, which can also receive contributions from groups and also the money raising through conventions to which hundreds of thousands of members participated. Regions also sometimes run regional service offices, which buy the literature from the Office World service and its branches for the sale of areas and groups. Because regional service offices can buy in bulk and sell at a list price sometimes this surplus exceeds office management costs. Regions then pass the funds for Zonale Forum and also the World Service Conference through the Office World Service based on the decision of the region. At the World Service level Narcotic expenses anonymous are satisfied in part by voluntary donations from non-members, organizations or governments. Literature Recovery Na is produced by the NA of the World Service Office (NAWS) located in California, USA. Typically groups of You will buy literature is supplied to new members for free (such as "brochure information") while others, typically book pieces - are sold at purchase purchase cost the group. Literature is also purchased by the Group's contributions and made available to new members. NAWS receive 87% (2004/5) of its income from the sale of literature. Other expenses include group refreshments, meeting meeting rent, etc. Financial information is publicly available on the NA website [33] The 2007 World Convention by NA performed a net financial loss of \$ 596,000 [34] Effectiveness The first sophisticated studies on the results of NA were conducted at the beginning of the 90s in London, England. The first study found an approximately linear relationship between the length of accession and abstinence with reduced anxiety and increased self-esteem [35] while the sample was a higher anxiety of non-dependent comparison groups, these levels were equivalent to Those with three or more of belonging, which is consistent with the hypothesis that the subscription reduces the anxiety and use of the a prerequisites for the presence of na and even if these beliefs were adopted were not found to cause external attributions for the Previous use of drugs or possible future events. A study of the initial experience of the new members of NA in Victoria Australia in 1995 initially interviewed 91 members and 62 (68%) after 12 months and found this participation of higher self-help measured by the involvement of the service role, from pace work, and stable meeting participation, in the 12 months before the follow-up was associated with a four-fold reduction in dangerous drug levels and use of alcohol, less illicit income and sickness benefits and greater Emotional support to Reinterview. [36] An approach is to provide professional facilitation to 12 passages (TSF) in an individual or group setting. TSF sessions are designed to introduce the concepts of the patient's entry into programs to 12 passage-based passage. It must be stressed that TSF is not na, is an implementation of elements of the 12-phase program by a professional consultant. NA recommends 12 work steps with another member who worked on steps. A study, sponsored by Nida, [37] Assigned Randomly People who use cocaine in four groups, individual pharmacological advice Plus Pharmacological ad support, or by only GDC . The single drug consultancy was based on the 12-phase philosophy. The Group's drug advice was designed to educate patients on dependency dependency dependency dependence recovery, to strongly encourage participation in 12-phase programs and provide a support support atmosphere to start abstinence and a style of alternative life. Almost 500 patients participated in the studio. The results have suggested that all four treatment conditions have led to similar reductions in the use of cocaine with this study is that there was a significant friction of patients, with a significantly larger number than abandoning TSF groups than from others. Fiorentine 1999 Florentine 1999 was a longitudinal study of 24 months to measure the effectiveness of alcoholics anonymous and na. Like other longitudinal studies, it shows a strong correlation between the presence of 12 passages and being both clean from drugs and sober from alcohol: the people who have gone to meetings in 12 stages in the study had about a success rate of 75%. More in detail, at the 24-month follow-up, 77.7% of people who went to one or more meetings a week be cleaned; The urine analysis was very close to that figure, which shows about 76.4% of the regular principles begin to clean. For participants who have not gone regularly to meetings, the auto-reported figure to be asfanti was 56% and the anti-drug test showed 57.9% is clean. The auto-reported principles are completely sober, but only 40% of the people who have done done go to meetings 12 steps claimed to be sober Urinalysis showed 96.6% of people regularly go to meetings as a sober, in contrast to the 88.9% of people who do not go to meetings have a specific effect (in other words, if not V'a ratio of causality or simply correlation) using statistical analysis to compare the participants self-reported level of motivation, 12 points of presence, and always clean and sober success. The result of this observation is that "weekly attendees to maintain abstinence after checking the recovery motivation differences measured by the scale." [38] Main article Disputes: twelve-step program: Program Na Critics try to avoid disputes through its application of the traditions 12, which specify that "Narcotics Anonymous has no opinion on outside issues; hence the NA name should not never be drawn into public controversy." Even so, the basic text points that there are a controversy. still "communication problems, differences of opinion, internal controversies, and problems with individuals and groups outside the Fellowship," and many such disputes of NA history, various groups have emphasized different aspects of recovery. In particular, make-up and creating a text NA process has been a contentious period for the scholarship. Different factions supported different versions of the basic text, and in the power struggle that ensued there were many accusations and resentments cultivated. The basic text, and in the power struggle that ensued there were many accusations and resentments cultivated. separate entity, basically a tool of NA groups with no decision-making power; Instead of being accused of collecting the decisions of NA groups themselves. This dispute has reached its lowest point, when the NA World Service Office sued an NA member in an attempt to prevent him from distributing free versions of the original text. [25] [39] Today there are some NA groups that use a self-produced version of the basic text that came to be known as the Baby Blue, which is basically the third edition, revised basic text (except that it contains originally essays on the approved traditions). [25] Some traditionalist groups use the Second Edition or approval Project [25] (both of which contain the original traditions and are almost equal to each other). [25] approaches of other groups twelve stages NA is unusual but not unique in its focus on the symptom / substance it is used, and alcohol is seen as a drug. 12-step groups differ in dependence." [40] However, according to AA literature, "only those who have a desire to stop drinking may attend closed meetings." Anyone at all can come to an open meeting of Alcoholics Anonymous, but non-alcoholics participate in quality of observers. Cocaine Anonymous originally formed to meet the particular needs of cocaine, but it "is not a specific drug communion" and "welcomes With a drug or alcohol problem and offers a solution ". The CA program provides for cocaine abstention" and all the other substances that alter the mind ", thus holding the same position as Na Relevance of abstinence from all drugs , including alcohol and marijuana. [41] Anonymous methadone is similar to NA, but considers the use of methadone to be a recovery tool and not a drug. N / AA No opinion on these groups, as these are external problems and traditions suggest against taking a final position on outside issues. See also Narcotics Anonymous members References ^ Narcotics Anonymous. "What is the Narcotics Anonymous World Services, Inc., ed. (1986) [1976]. NA White Booklet (PDF). Narcotics Anonymous World Services, Inc., ed. 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